

Prayer - Daily Essentials

An unofficial list of daily prayer items that may very well be essential in helping make you a man or woman of God

Worship (A) **Sing** (B) **Thank God!**: Heb 13:15; Psa 92:1-15; (C) **Receive Love**: 1Jn 4:10; 1Jn 4:19; Gal 2:20; Joh 3:16-18; Rom 5:8; (D) **Love God**: Mar 12:29-30; 1Jn 5:3 (E) **Others** – **Believe in God's Goodness**: Exo 33:19; Rom 11:22; Heb 3:6; **Show Adoration**; **Rejoice**: Psa 33:1-22; Psa 149:1-9

Filled with the Holy Spirit (A) **Eph 5:18** ALT: "And stop getting drunk with wine, in which is reckless behavior, but continue being filled with [the] Spirit." (B) **Also See**: Luk 11:9-13; Act 9:17; Gal 5:25; Rom 8:26-27; (C) **"Continue" being Filled**: Act 2:4; Act 4:8; Act 4:31; Act 13:9; Act 13:52; (D) **Use Tongues**: 1Co 12:10; 1Co 12:30

Fire! (Zeal) (A) **Fervent-effective Prayer** of Faith: Jas 5:16; (B) **"Awake...Shake..."**: Isa 52:1-2; Samson Shook: Jdg 16:20... **In Other Words**: "Jump!" ... Whatever it takes to get fervent! (See: "Every Kind of Prayer," to the right); (C) **Zeal Verses** – Zeal for House: Psa 69:9/ Joh 2:17; Fervent in Spirit: Rom 12:11; Always Zealous/ Right Zeal: Gal 4:18; Take hold of God!: Isa 64:7; Phinehas: Num 25:5-13; Others: 1Ki 19:10; Tit 2:14; Col 4:12

Humility Isa 66:2; Jas 4:6-7; Jas 4:10; 1Pe 5:5-7

Confession, Repentance 1Jn 1:8-9; Jas 5:16; Psa 32:5; Psa 51:1-19

Crucify Flesh Luk 9:23; 1Co 15:31; Gal 2:20; Gal 5:24; Gal 6:14

Spiritual Warfare We don't realize that we need this every day! Think: "Attitude," "Depression," "Bad day," (etc.); Mat 4:1-11; **Luk 10:18-20, Jas 4:7-10, Mat 16:19, Mat 18:18-19; 2Co 10:3-6; Eph 6:10-18**; See "[Spiritual Warfare](#)"

Against Lust For most everyone, it must be done **daily!** (A) **Especially Pray Through**: Pro 6:25; Pro 27:20; Mat 5:27-30; 1Tim 5:1-2; 2Tim 2:22; (B) **Break specific "Soul Ties"**! Ex: Gen 34:2-3; Pro 6:25; Also see: Pro 6:24-35; **Deal with Hidden things in heart**: Psa 66:18; Psa 139:23; (C) **See**: "[No Dating Scriptures Battle List](#)"

Intercession Thank God For people/ Bless people, especially leaders: 1Ti 2:1; 2Ti 1:3; Phm 1:4

Bible Reading Also giving attention to **meditation**: Deu 17:18-20; Deu 6:6-9; Deu 11:18; Jos 1:8; Psa 1:2; Psa 119:10-11; Psa 119:97-100; Joh 8:31; 2Ti 2:15; 2Ti 3:15-17 Ro 8:28

Every Kind of Prayer

Clarifying Questions and Misunderstandings to Inspire Biblical Prayer

"...through every prayer and petition, praying in every season in the Spirit, being watchful to this same thing with all perseverance and petition concerning all the saints..." (Eph 6:18 EMTV)

Where is Bowing in Bible?

Bent Knees: 1Ki 8:54; 1Ch 29:20 (Gr: knee; Heb: head); Ezr 9:5; Dan 6:10-11; Eph 3:14

Bowed: Exo 4:31; Neh 8:6; Luk 18:10-14;

Bowing is Not The Only Way to Pray

Sitting: Act 1:14; Act 2:1-4; Act 2:15 (the "third hour" is the hour of prayer)

Standing: Zec 3:1; 1Sa 1:26; Mar 11:25; Luk 18:10-14; (Mat 6:5)

Pacing, Laying, & More: 2Ki 4:31-37 – This is by far my favorite prayer story!

With Lifted Eyes: Psa 3:3; Psa 121:1-2; Psa 123:1; Isa 38:14; Joh 11:41; Joh 17:1; (Luk 18:13)

With Lifted Hands: Job 16:17; Psa 26:6; Psa 134:2; 1Ki 8:54; Ezr 9:5; Neh 8:6; 1Ti 2:8; (Isa 1:15; Mal 1:9-10; Jam 4:8)

Public or Private Prayer?

Public: 1Ki 8:22-54; Neh 4:9; Joh 17:1-26; Act 1:14; Act 2:1-4; Act 2:15; Act 3:1; Act 4:24-31

Private: Mat 6:5-6; Act 10:30; Heb 5:7

Loud or Quiet?

Loud Cries: Ezr 10:1 ([LXX](#)); Heb 5:7 -Showed that He feared God!

Loud Music: Psa 33:3; Psa 98:4; Psa 150:5; Ezr 3:11-13; Think: Shophar, Warfare, Desperation

Quiet: Psa 46:10; Pro 10:19; Ecc 5:2-3; Ecc 5:7; Mat 6:7

Pray Silently in Heart: 1Sa 1:12-13; Gen 24:12-15 (esp. Gen 24:15 [LXX](#)); Neh 2:4-5

Repetition

Bad Repetition: Mat 6:7-8

Good Repetition: Mat 26:36-46/ Mar 14:32-42

Other Key Prayer Examples

Moses: Exo 24:15-18; Exo 32:7-14; Exo 32:30-34; Exo 33:7-23; Exo 34:1-35;

The Lord's Prayer: Mat 6:9-13

Others: Isa 6:1-13; Jer 1:4-10; Dan 8:27; Dan 9:1-23; Ezr 9:1-15; Ezr 10:1; Jas 5:13-18; For many other examples, read the book of Psalms